



Newsletter 2024

November is here and with it comes more learning, fun, and excitement in our classroom. November will bring more exploration of the season and the changes the children see all around them. We have noticed that the trees in our outdoor play space have lost their leaves and the leaves we see on our walks are different colours! The toddlers are learning about Fall colours and enjoy exploring colours in their artwork!

We will continue to learn about leaves and seasonal changes in November and introduce hibernation! The toddlers delight in discovering the wonders of nature! We are looking forward to learning more about Fall and the way animals get ready for the Winter season.



Winter Dressing

As our weather is getting colder, please send children dressed warmly with **labeled** coats, snowpants, mittens and hats. We notice that quite a few items do not have the children's names in them yet! Please help us in making sure each child has his/her own winter wear. Thank you!

Juniper Early Learning Centre Toddler Room!

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Phone: (250) 374-9565

Important Dates:

Wednesday, Nov. 6 - Parent Education Night 6:00-7:30

Friday, Nov. 8 - Photo orders due

Monday, Nov. 11th - School closed for Remembrance Day

Tuesday, Dec. 24 - School closes at 3:00 for Winter Break. Please let us know if your child will attend this day.

Parent Education Night

Please join us on November 6 from 6:00-7:30 for a presentation on **Montessori: Education for Life** given by Lin Roth and Bernie Akpong. This hands-on workshop will explore the science behind the method and will give you an opportunity to work with Montessori materials. We will share ways to incorporate Montessori in the home (we look forward to your input also!). We will also talk about the Transparent Classroom App and its value as a communication tool with our families.

Lunch Buddies

Thank you for packing such healthy lunches! Toddlers benefit when a variety of choices are available for them for their snacks/lunches. Please pack several items...more is better! kidshealth.org states that toddlers need 1,000-1,400 calories each day!

We've noticed how much the toddlers are growing during this important stage of development!



Happy Birthday to Sophie! 2 years old on Nov. 14!

Does your child get enough sleep?

Sleep is nature's great restorer and is necessary for your child's physical and mental growth. A lack of sleep can lead to chronic fatigue and increased illness. Tired children tend to be more cranky and irritable, find it harder to concentrate and are difficult to settle. How much sleep is needed? At 24 months, children may sleep 11-12 hours at night, with a nap in the afternoon lasting one to two hours.

Flu Season

Just a reminder to parents to do a daily health review of your child at home before arrival for symptoms of illness. Please refer to our Guidelines for Exclusion of Children in our October 2024 newsletter for our illness policy. A reminder also that parents of children attending our center, or an alternate contact, must be available in the event that a child becomes ill during the day. We will all work together to keep on top of the viruses that surface typically at this time of year. Thank you!

Have a great month!

Miss Lin, Miss Kaitlyn, and

Miss Sepideh